

## LUNCH MENU FOR BRIDGE PARK MONTESSORI – WEEK 1

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<b>DAYS</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b><u>SALAD</u></b>	<b>Carrot and cucumber sticks</b>	<b>Lettuce and cucumber</b>	<b>Tomato and cucumber</b>	<b>Carrot and cucumber sticks</b>	<b>Tomato and cucumber</b>
<b><u>MAIN MEAL</u></b>	<b>Tuna and Mayonnaise pasta with vegetables</b>	<b>Lamb mince with noodles</b>	<b>Chicken curry with rice</b>	<b>Chicken with noodles</b>	<b>Fish and chips</b>
<b><u>DESSERT</u></b>	<b>Cake and custard</b>	<b>Fruit yoghurt</b>	<b>Fruit Jelly</b>	<b>Fruit with sauce</b>	<b>Yoghurt</b>

LUNCH MENU FOR BRIDGE PARK MONTESSORI – WEEK 2

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<b>DAYS</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b><u>SALAD</u></b>	<b>Carrot and tomato</b>	<b>Lettuce and peppers</b>	<b>Tomato and cucumber</b>	<b>Carrot and cucumber sticks</b>	<b>Tomato and cucumber</b>
<b><u>MAIN MEAL</u></b>	<b>Quorn mince with noodles</b>	<b>Chicken Korma with Bread</b>	<b>Tuna and Mayonnaise pasta</b>	<b>Vegetables with noodles</b>	<b>Fish and chips</b>
<b><u>DESSERT</u></b>	<b>Fruit yoghurt</b>	<b>Mix fruit with fruit jelly</b>	<b>Fruit yoghurt</b>	<b>Fruit with sauce</b>	<b>Yoghurt</b>